



5T CLUB

To encourage increased participation in wrestling tournaments this year, the Rochester Panthers Wrestling Club has started the 5T club. To obtain entry into the 5T club wrestlers are asked to participate in 5 youth wrestling tournaments throughout the 2011-12 wrestling season. Wrestlers will be recognized with a new "cool" dry-fit shirt that can be used for practice and will signify that they have attained 5T status.

All that is required is that wrestlers and parents document their participation in wrestling tournaments by filling out the form below with the tournament name, date of participation and signature by a parent or coach that attended the meet.

Our hope is to encourage as many kids as possible to participate in tournaments this year. There will be at least one opportunity to wrestle in Rochester this year at the Rochester Youth Open tournament. Youth coaches will also designate a tournament of the week throughout the season that at least one coach will attend.

Tournament List:

1. Tournament _____

Date _____

Parent/Coach Signature _____

2. Tournament _____

Date _____

Parent/Coach Signature _____

3. Tournament _____

Date _____

Parent/Coach Signature _____

4. Tournament _____

Date _____

Parent/Coach Signature _____

5. Tournament _____

Date _____

Parent/Coach Signature _____